



We're here to help you cope with the emotions and challenges of COVID



COVID-19 emotional support is now available through **New Horizon Counseling Center** and NY Project Hope, New York State's COVID-19 crisis counseling program.

Learn more by calling our helpline directly at **855-818-HOPE(4673)** or visit our website **WWW.NHCC.US** for more information

Free, anonymous & confidential

Here to talk | Here to listen | Here to support

NY Project Hope
Coping with COVID



A program of the NYS Office of Mental Health
Funded by FEMA