



**Mary-Beth Charno, APRN-C**

**INTEGRATIVE NURSE PRACTITIONER**

**Mary-Beth Charno is an Integrative Nurse Practitioner specializing in the diagnosis and treatment of adults with Lyme and other tick-borne diseases, Mold illness, and COVID.**

She also offers IV nutrient drips for energy and detox.



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Mary-Beth Charno graduated with her master's degree in Advanced Practice Nursing from Stony Brook University and with her Bachelor of Science in Nursing from Pace University.

She has trained with some of the leaders in tick borne illness; initially working alongside Dr. Richard Horowitz; now mentoring with Dr. Joseph Jemsek, an Infectious Disease doctor in Wash, DC. She is an ILADS member and has completed their preceptorship program. Mary-Beth has become increasingly interested in the intersect of Functional Medicine, tick-borne and mold illness, collectively termed Environmentally Acquired Illness. She trained at the Institute for Functional Medicine, and she completed a year-long Advanced Training in Functional Medicine Clinic Emersion with Dr. Kara Fitzgerald.

**A native of Long Island, Mary-Beth Charno understands the epidemic of Lyme Disease in this area and is empathetic to the nuances of the diagnosis.**

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**Long Island office location in Bellport inside the Beacon Building.**

**Please contact through her website at:  
[www.marybethcharno.com](http://www.marybethcharno.com)**